



HALE BOOSTER CLUB PRESENTS:

ROB MILLER FROM PROACTIVE COACHING

February 20TH in the Hale Cafeteria

Presentations for all Hale Spring/Summer sports

3:15 pm [Playing with Confidence \(for athletes and coaches\)](#)

Understand what true confidence looks and feels like. What are you worried about? Discover the competitor's mindset. Earn the right to be confident. Be at your best when your best is needed. Without the guts to take a chance you can't play. Learn to fight another round. Take action and develop a plan of attack. If you hang with dogs, you end up with fleas. Be an active participant in your own rescue. Release to your best self.

4:15 pm [Coaching Foundations - Keys for A Successful Season\(for coaches\)](#)

A variety of topics are discussed from: Athlete stages, coaching stages, practice planning, planning a parent meeting, gaining credibility, gaining trust, keys to motivation, using punishment, working with challenging athletes, developing a team culture with athletes, coaches and parents, game coaching, to establishing clear behavioral standards.

5:30 pm Athletic Trainer and Athletic Director – discuss school policies and procedures.

5:45 pm [The Role of Parents in Athletics](#)

A straightforward message from athletes to their parents about how adults can help their athletic performance, create good memories and demonstrate respect from the perspective of young people.

After presentation- Individual team break out meetings, turn in forms.

Customer Feedback/Testimonials

"Rob Miller was the catalyst that ignited the implementation of the *Champions of Character* program at the United States Military Academy. Rob quickly captured the attention and garnered the respect of West Point's senior leadership with Bruce Brown's concept of Redefining the Term Athlete. His numerous trips to West Point are helping us change the culture of sport at the United States Military Academy."

Ralph L. Pim, Ed.D.,

*Associate Professor, Division Chief, Competitive Sports,
Department of Physical Educ.*

*United States Military Academy
West Point, NY*

"Many schools have had the opportunity to have Rob speak to a variety of groups about character, leadership, and teamwork. Whether it was an athletic team, coaches, parents, or student body, Rob's passion in his presentation is powerful and pertinent. I would highly recommend Rob to any school that is looking for someone to motivate a group to reach higher standards or excellence."

Jim Ater, Athletic Director, Olathe District Schools (KS)

Rob Miller's presentations are the perfect fit for any audience. Committed to character education, sportsmanship and the preservation of integrity in our sports culture, he has the tools to motivate students and adults alike. Rob has been an integral part of our state Sportsmanship Summit since its inception and is one of the events most-requested speakers every year.

I wish we could require every coach in Missouri to attend one of Rob's seminars so they can truly understand the impact they have and how they can make a positive difference in the young people they work with on a daily basis.

Rick Kindhart, Assistant Executive Director,

Missouri State High School Athletic Association